## Wilson's Lifestyle Centre

### **Holly Fern**



Holly Fern Arachniodes simplicior

Height: 24 inches

Spread: 28 inches

Sunlight: 🌒

Hardiness Zone: 7b

Other Names: East Indian Holly Fern

#### **Description:**

A very handsome evergreen fern, this variety has tapering ladder like leaves of forest green, creating wonderful texture; excellent massed or as groundcover in shaded borders or featured in shady areas of rock gardens; great container plant as well

#### **Ornamental Features**

Holly Fern is primarily valued in the garden for its cascading habit of growth. Its attractive ferny compound leaves emerge light green in spring, turning forest green in colour the rest of the year.

#### Landscape Attributes

Holly Fern is an herbaceous evergreen fern with a shapely form and gracefully arching fronds. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. Deer don't particularly care for this plant and will usually leave it alone in favor of tastier treats. It has no significant negative characteristics.

Holly Fern is recommended for the following landscape applications;

- Mass Planting
- General Garden Use
- Groundcover
- Naturalizing And Woodland Gardens
- Container Planting

#### **Planting & Growing**

Holly Fern will grow to be about 24 inches tall at maturity, with a spread of 28 inches. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 15 years. As an evegreen perennial, this plant will typically keep its form and foliage year-round.

303 Owen Manor Saskatoon, SK, S7V 0P1 phone: 306-955-9580 www.wilsonslifestyle.ca



Holly Fern foliage Photo courtesy of NetPS Plant Finder

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This plant does best in partial shade to shade. It requires an evenly moist well-drained soil for optimal growth, but will die in standing water. It is particular about its soil conditions, with a strong preference for rich, acidic soils. It is somewhat tolerant of urban pollution, and will benefit from being planted in a relatively sheltered location. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This species is not originally from North America, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets. It can be propagated by division.

Holly Fern is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It can be used either as 'filler' or as a 'thriller' in the 'spiller-thriller-filler' container combination, depending on the height and form of the other plants used in the container planting. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.