## Wilson's Lifestyle Centre

### Jing Orange Okra

Jing Orange Okra Abelmoschus esculentus 'Jing Orange'

Height: 4 feet

Spread: 24 inches

Spacing: 18 inches

Sunlight: O

Hardiness Zone: (annual)

#### **Description:**

A tender Asian Heirloom variety presenting eye-catching red-orange pods on tall, upright plants, perfect for gardens, raised beds and containers; great drought and heat tolerance; a flavorful addition to stews, soups, stir fries or fried crispy

#### **Edible Qualities**

Jing Orange Okra is an annual vegetable plant that is commonly grown for its edible qualities. It produces red pointy pods with orange overtones which are typically harvested when mature. The pods have a mild taste and a crunchy texture.

The pods are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking

#### **Planting & Growing**

Jing Orange Okra will grow to be about 4 feet tall at maturity, with a spread of 24 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. Because of its vigorous growth habit, it may require staking or supplemental support. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. While it is considered to be somewhat self-pollinating, it tends to set heavier quantities of fruit with a different variety of the same species growing nearby.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. This plant is a heavy feeder that requires frequent fertilizing throughout the growing season to perform at its best. It is not particular as to soil type or pH. It is quite intolerant of urban pollution, therefore inner city or urban streetside plantings are best avoided. This is a selected variety of a species not originally from North America, and it is considered by many to be an heirloom variety. It can be propagated by cuttings; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

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Jing Orange Okra fruit Photo courtesy of NetPS Plant Finder



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Jing Orange Okra is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. With its upright habit of growth, it is best suited for use as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.